

## **Biography**

### **Prof. Samuel M.Y. Ho**

Prof. Samuel Ho is an Associate Provost and a Professor of Psychology at the City University of Hong Kong. As a registered clinical psychologist, his research interest is in psychopathology and psychotherapy with a focus on anxiety, depression and posttraumatic stress. Prof. Ho's current research focuses on the cognitive processing styles, including attentional biases and memory biases, related to depression and anxiety. He is among the first researchers in Asia to use experimental paradigms to examine the relative roles of positive and negative cognitive processing styles in anxiety and depression. Prof. Ho is also one of the representatives of positive psychology in Asia, his research findings are widely cited in medicine, health and clinical psychology journals.